MOG-AD Action Plan

This is an agreement with your medical provider on the steps to be taken in the even that you suspect a relapse. It helps both you and your medical provider work better together to get the fastest treatment possible in order to avoid new and permanent damage. It is only to be shared with you, your doctor and any caregivers you might have.

Refer to MOGmentum 4 (https://mogproject.org/resources/mogmentum/mogmentum-series-4/) to understand the criteria for determining your Red, Yellow and Green Level of Concern.

Patient Information:

Name:	Phone:
DOB:	
Diagnosis:	

Action Plan if I am on Red (for accessibility please use the X on the keyboard for checkboxes):

Call the office: ☐	Ask for a nurse: ☐	Use an app or portal: ☐
Specific Instructions for Contacting:		
If unable to contact you after __ hours, or if a relapse occurs over a weekend or holiday, I should:		
Is there an alternative method of contacting you or your surrogate in an emergency?		

Action Plan if I am on Yellow (for accessibility please use the X on the keyboard for checkboxes:

Call the office: ☐	Ask for a nurse: ☐	Use an app or portal: ☐

These are guidelines, not medical orders.

Specific Instructions for Contacting:
If unable to contact you after __ hours, or if a relapse occurs over a weekend or holiday, I should:
Is there an alternative method of contacting you or your surrogate in an emergency?

Action Plan if I am on Green (for accessibility please use the X on the keyboard for checkboxes):

Call the office: ☐	Ask for a nurse: ☐	Use an app or portal: ☐
Specific Instructions for Contacting:		

These are guidelines, not medical orders.