

# What are the treatments for MOGAD?

- There are no definitively proven therapies to prevent relapses in MOGAD
- There are no FDA-approved medicines to prevent relapses in MOGAD, so anything prescribed is done off-label
- People with MOGAD consider ongoing treatment with medicines that suppress the immune system (immunosuppressants)
- Current treatment approaches include:
  - Short term treatment of attacks/relapses: *To speed up recovery and prevent any residual damage (disability)*
    - High-dose corticosteroids
    - IV immunoglobulin (IVIg)
    - Plasma exchange (PLEX)
  - Long term: *For future attack/relapse prevention*
    - Rituximab (RTX) (lower efficacy)
    - Long term steroids (not recommended)
    - IVIG/SCIG
    - Other immunosuppressants, including azathioprine and mycophenolate mofetil