



TIMELY-PLEX

Does early plasma exchange improve recovery
after severe optic neuritis or myelitis?



🕒 REFER WITHIN 14 DAYS OF SYMPTOM ONSET

From first vision loss (optic neuritis) or first motor symptom (myelitis)

See participating sites to refer patients at

timely-plex.org

ELIGIBILITY CRITERIA



SEVERE ACUTE OPTIC NEURITIS

Visual acuity $\leq 20/200$ in the
affected eye



ALL INFLAMMATORY ETIOLOGIES

MOGAD, NMOSD, MS, and
idiopathic



SEVERE ACUTE MYELITIS

EDSS ≥ 3.0 (excluding visual/
cerebral systems)



AGE

Adults ≥ 18 years

ABOUT THE TRIAL

[ClinicalTrials.gov NCT07100990](https://ClinicalTrials.gov/NCT07100990)

TIMELY-PLEX is a PCORI-funded randomized controlled trial enrolling at 31 US centers, co-led by Mayo Clinic and Johns Hopkins. It tests whether early PLEX given with high-dose corticosteroids produces better visual and neurological recovery than corticosteroids alone, with rescue PLEX offered to non-responders at day 14 (optic neuritis) or day 7 (myelitis).

PCORI-Funded

31 US Sites

RCT Now Recruiting

Co-PI: John J. Chen, MD, PhD · Mayo Clinic |
Co-PI: Elias Sotirchos, MD · Johns Hopkins Medicine

